TOP 5 PATIENT SAFETY TIPS

1. PREVENTING DIAGNOSTIC ERRORS
   - Write down all your symptoms so you don’t forget important information
   - Know your medical history and medications - some conditions are hereditary
   - Ask medical professionals about further testing to determine diagnosis
   - Seek a second opinion if you feel your diagnosis might be incorrect

2. OPIOID SAFETY
   - Ask about non-opioid pain management options
   - Double-check dosage with nurses and doctors and compare to the prescribed dose after being discharged from hospital
   - Ask healthcare team for tips on safe opioid use

3. PROPER COMMUNICATION
   - Healthcare providers should communicate your medication regimen, treatment, and follow-up care among each other - ask if your healthcare team has conferred regarding your conditions and treatments
   - Make sure you are well-informed about your treatment
   - Ask your healthcare team about follow-up care, such as prescriptions, tests, and appointments

4. INFECTION CONTROL
   - Handwashing - for both healthcare professionals and visitors is critical for a safe medical environment
   - Before any medical professionals touch you or your belongings, ask them to wash their hands
   - Don’t be afraid to ask your family members and visitors to wash their hands

5. PATIENT PARTICIPATION
   - Remember that your participation in your health care can help you attain the proper treatment
   - If something about your treatment isn’t clear to you, ask questions until you feel fully informed
   - Be sure to know and understand your health conditions, medications, and treatment goals

Attorney Advertising
(516) 684-2900 | (212) 517-9995

PEGALIS LAW GROUP, LLC
www.pegalislawgroup.com