



JIM BAYDAR

Pegalis Law Group, LLC

Jim Baydar, Esq. is a partner at Pegalis Law Group, LLC in Lake Success where he has more than 33 years of medical malpractice litigation experience on behalf of patients. Baydar has represented clients in all phases of litigation, from pre-trial through post-trial proceedings.

His work and representation of clients has resulted in millions of dollars of recovery in settlements and verdicts.

During this COVID-19 period, it is essential to continue to be vigilant when it comes to health concerns, issues and treatments, Baydar said.

“The pandemic has altered the way in which we can be proactive about our health,” he said, adding, everyone should keep simple but important points in mind.

“Keep track of scheduled or regular medical appointments and testing, especially blood tests,” he said. “Take advantage of telemedicine (e.g., zoom, skype) as offered by your physician. This is a convenient, efficient, cost-effective and front-line way of maintaining attention to your health issues. Any issue of concern that requires more attention, should be followed by an in-person appointment.”

People should implement and/or maintain healthy lifestyle changes, Baydar noted.

“This includes having a well-balanced diet — harder to do than it sounds,” he said. “Having a regular exercise routine is essential — at least try to include a walk in your daily activities.”

“Be a patient advocate for yourself and especially for elderly relatives and young children,” Baydar continued. “Use your common sense in asking appropriate questions about a diagnosis, prognosis or treatment



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plan; ask about risks, benefits and alternatives.”

Baydar was an awardee of the Kings of Long Island event by Schneps Community News Group, where he received the Dynamic Duo award, alongside Pegalis partner, Sanford Nagrotsky, Esq.

He serves on the board of directors of the WE CARE Fund of the Nassau County Bar Association, which has granted funding to over 100 charitable organizations on Long Island.

Additionally, he serves as a trustee for the Village of Plandome Manor, NY.

He is a member of numerous bar associations, including the Nassau County Bar Association, New York State Bar Association, the New York State Trial Lawyers Association, the American Bar Association, the American Association for Justice, and the Columbian Lawyers' Association of Nassau County, Inc.

Baydar earned a juris doctor from Pace University School of Law and a bachelor's degree from Hofstra University. He is admitted to practice in New York and before the United States District Courts for the Eastern, Southern, Northern and Western Districts of New York; and the United States Supreme Court.

Pegalis Law Group, LLC concentrates in the area of medical negligence litigation on behalf of patients. The firm advocates for people who have been victims of negligence that caused them life-altering harm, or even death. The firm is known for discovering avoidable negligent acts even in the most complex cases.

With its nearly 50-year track record, continued success with “record” high verdicts and settlements, and its credibility in court and with adversaries, the firm is consistently recognized by clients and legal peers for outstanding success.

Clients receive individualized attention from the Pegalis Law Group's close-knit team. By representing injured patients, the firm strives to improve medical practices by seeking accountability for avoidable medical errors and substandard care, in addition to obtaining justice for its clients.