

# PEGALIS LAW GROUP, LLC

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*News You Can Use*



## Five Major Cancer Screenings & When You Need to Get Them

Cancer screenings are an essential part of annual wellness exams for men and women of all ages. Cancer screenings allow you to diagnose and treat cancers in their early stages to prolong your life and reduce the amount of treatment needed. Click [here](#) to learn about the five major cancer screenings and when you should start getting them.

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## Five Heart-Healthy Habits to Adopt This Year

February is the American Heart Association's American Heart Month, which raises awareness about preventing heart disease and promoting healthy heart habits. Nearly half the American adult population is at risk for developing heart disease, high blood pressure, diabetes, and other severe health conditions. Click [here](#) to learn five heart-healthy habits you can adopt this year for a happy, healthy life.

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## In The News

Have you listened to Robert Fallarino's interview on Hilary Topper On Air? In this informative and captivating podcast, Robert and Hilary discuss the current COVID-19 vaccine rollout and compare it to the rollout of the Polio vaccine. Robert provides advice about how to protect yourself and your loved ones from medical errors, and how we can all learn from the missteps we have seen during the pandemic. You can listen to Robert's interview [here](#).



## Contact Us

We cherish our client and colleague relationships. When you or a family member are concerned about medical care received, ask for a legal consultation swiftly. Time is often limited. **PLG attorneys are directly available at 516-684-2900 or via email.** We are fluent in English, Spanish, and Russian.

# PEGALIS LAW GROUP, LLC

**ADVOCATES FOR VICTIMS OF MEDICAL NEGLIGENCE &  
PERSONAL INJURY**



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