

May 2022 News Roundup *News You Can Use*

Pegalis Law Blog



Focusing on Maternal Health During Women's Health Week

Having a baby is a joyous and momentous occasion. However, women must remember to take care of themselves for their health and well-being, and that of their newborn child. Click [here](#) for tips for women to remain healthy before, during, and after pregnancy.

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How to Recognize the Warning Signs of a Stroke F.A.S.T.

Strokes are among the five leading causes of death and a leading cause of disability among adults. Acting quickly and calling 911 for a suspected stroke could help you save a loved one's life. Click [here](#) to learn about the F.A.S.T. acronym to help you remember the most common signs of a stroke.

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In The News



Have you listened to Isabel's Mira's interview on Hilary Topper On Air? In this informative podcast, Isabel and Hilary discuss the disparities in healthcare for Hispanic minorities in the US. Isabel discusses home remedies, language barriers, building communication and trust, and provides tips on how to better look after your health. You can listen to the interview [here](#).

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Client Testimonials



"Thank you for doing such an intelligent job in representing us. This was a big

win for us. Hopefully the doctors will change and dig deeper into diagnosing 'the obvious'. May God help you search for the truth every day."

See What Our Clients Are Saying About Us

Meet Our New Attorney



Pegalis Law Group, LLC is proud to announce that attorney, Josh H. Kardisch has joined the Firm. With over 35 years of experience, Mr. Kardisch has represented plaintiffs in personal injury and wrongful death cases involving nursing home negligence, toxic exposures, construction site accidents, and defective products at the trial and appellate levels. To learn more about Josh, click [here](#).

Learn More About Josh

Contact Us



We cherish our client and colleague relationships. When you or a family member are concerned about medical care received, ask for a legal consultation swiftly. Time is often limited. PLG attorneys are directly available at 516-684-2900 or via [email](#). We are fluent in English, Spanish, and Russian.

PEGALIS LAW GROUP, LLC

ADVOCATES FOR VICTIMS OF MEDICAL NEGLIGENCE &
PERSONAL INJURY



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